



FRIDAY CLUB BIG FM 92.7 WITH COLLABORATION WITH SKODA ACTION REPORT

Prepared by

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2023-08-25

2023

Registrar
Rama University
Mandhana, Kanpur-209217

Executive Summary

It is true that laughter is a strong medicine as it draws people together in ways that trigger healthy physical and emotional changes in the body. A fun activity was organized by the Big FM 92.7 with collaboration with Skoda car for all the Interns, MBBS 2019 Batch and Doctors, where the team played 4-5 fun games like Dhun pakad ke toh dekho, guessing the movie, treasure hunt in which 7-8 team were made of 5 doctors/ each and they were asked to sat in a skoda car, blowed a balloon, burst it and searched for the key. All the winners were gratified with gifts and coupons.

Project Overview

Project / Event Name: :Friday Club Big FM 92.7 with collaboration with Skoda

Event Conducted Date: :2023-08-25

Duration: :3

venue: :FET- Hall

Chief Gust Speaker: :Big Fm- 92.7 and Skoda

Number of Participants: :300

Event Organizing Team

Name of Faculty	Department	Position
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Goal & Objective

The main purpose of this fun activity was to create a stress free atmosphere, as in Making life and death decisions every day, it is very important for doctors to get out of the seriousness and relieve the stress. Having fun, be it in conversations or in practice can help stay stress free and happy.

Collaboration

Big FM 92.7 with collaboration with Skoda Car

Outcomes

All the doctors enjoyed a lot as it was a fun activity from the hectic schedule. Laughter strengthens the immune system, boosts mood, diminishes pain, and protects from the damaging effects of stress. Nothing works faster or more dependably to bring the mind and body back into balance than a good laugh. Humor lightens one's burdens, inspires hope, connects you to others, and keeps grounded, focused, and alert. It also helps release anger and forgive sooner, where a fun mood refreshing activity was held which was also beneficial for the patients.

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Registrar
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