

# "ceriatric care : REHABILIATION ASSISTANT" 



OFFICE OF THE PRINCIPAL\&DEAN Rama Institute of Paramedical Sciences RAMA UNIVERSITY, UTTAR PRADESH

Rama City, G.T. Road, Mandhana, Kanpur - 209217
Ref No: RIPS/NOTICE/2021
Date: $12 / 03 / 2021$

## MEETING NOTICE

This is to inform all Faculty of Paramedical Sciences that a meeting will be held in Principal office on 12 March 2021.

Meeting agenda: - Geriatric care \& Rehabilitation Assistant
Day: - Friday
Date \& Time: - 12-03-2021 \& 1:00 PM
Place: - Principal office

OFFICE OF THE PRINCIPAL\&DEAN Rama Institute of Paramedical Sciences RAMA UNIVERSITY, UTTAR PRADESH

Rama City, G.T. Road, Mandhana, Kanpur - 209217

Date: 27/03/2021

## MINUTES OF MEETING

A meeting of the Faculties of Paramedical Sciences was held on 27 March 2021 at 1 PM for the following.

Agenda: - Geriatric Care \& Rehabilitation Assistant
Day: - Saturday
Date \& time: - 27/3/2020 \& 1:00 PM to 2:00 PM
Place: - Principal office
Discussion points

- Short-term course will going to start by BPT Department on 27 March 2021.
- It is necessary to all the students will attend the short-term course.

Below named faculty members were present and conformation of minutes of meeting made.

1. Dr. Devendra Trivedi
2. Dr. Gaurav Mishra
3. Mrs. Swastika Singh Chandel
4. Dr. Manjit Kumar
5. Dr. Kuldeep Dixit
6. Dr. Minhaj Tahir
7. Dr. Tahzeeb Fatima
8. Dr.Gulwish Sadique
9. Dr.Nidhi Shukla


Principal \& Dean
Faculty of Paramedical Sciences
Priicipal \& vear
Rama Institute of Faramedical Sciences
Rama City, G.T: Road, Mandhana
Kanpur-209217

## Rama Institute of Paramedical Sciences

## Rama University, Kanpur

Lin of Successful condidates who completed ther short term course ofegeriatric
Care \& Rehabilitation Assistant " at Rama Institute of Paramedical Sclencres
conducted from 27.03.2021 to 02.05.2021.

| B.n9\% | : Condidates | Fathers Name |
| :---: | :---: | :---: |
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| ; | byut Singh | Padne Shyam |
| $\lambda$ | Preajekntyar | Ramsuresh Katiyar |
| + | Rin Smet | Anil Kumar Smen |
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| \% | xmath Coma | cethmsh Supta |
| 7 | Mismothustomba | Erai Naryan kushwaha |
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Time Table

## GERIATRIC CARE \& REHABILITATION ASSISTANT

| Date | Day | Time | Name of Faculty |
| :---: | :---: | :---: | :---: |
| 27/03/2021 | Saturday | $\begin{aligned} & \text { 10:00am- } \\ & \text { 11:00 am } \end{aligned}$ | Dr. Tahzeeb Fatima |
|  |  | $\begin{gathered} \text { 11:00am- } \\ \text { 12:00 noon } \end{gathered}$ | Dr. Manjit Kumar |
|  |  | $\begin{aligned} & \text { 12:00 noon- } \\ & \text { 1:00 pm } \end{aligned}$ | Dr. Devendra Trivedi |
| 28/03/2021 | Sunday | $\begin{aligned} & \text { 10:00am- } \\ & 11: 00 \mathrm{pm} \\ & \hline \end{aligned}$ | Dr. Minhaj Tahir |
|  |  | $\begin{gathered} \text { 11:00am- } \\ \text { 12:00 noon } \end{gathered}$ | Dr. Gaurav Mishra |
| 03/04/2021 | Saturday | $\begin{aligned} & \text { 10:00am- } \\ & \text { 11:00 am } \end{aligned}$ | Dr. Tahzeeb Fatima |
|  |  | $\begin{gathered} \text { 11:00am- } \\ \text { 12:00 noon } \end{gathered}$ | Dr. Manjit Kumar |
|  |  | $\begin{aligned} & \text { 12:00 noon- } \\ & \text { 1:00 pm } \end{aligned}$ | Dr. Devendra Trivedi |
| 04/04/2021 | Sunday | $\begin{aligned} & \text { 10:00am- } \\ & 11: 00 \mathrm{pm} \end{aligned}$ | Dr. Minhaj Tahir |
|  |  | $\begin{gathered} \text { 11:00am- } \\ \text { 12:00 noon } \end{gathered}$ | Dr. Gaurav Mishra |
| 10/04/2021 | Saturday | $\begin{aligned} & 10: 00 \mathrm{am}- \\ & 11: 00 \mathrm{am} \end{aligned}$ | Dr. Tahzeeb Fatima |
|  |  | $\begin{gathered} \text { 11:00am- } \\ \text { 12:00 noon } \end{gathered}$ | Dr. Manjit Kumar |
|  |  | $\begin{array}{\|l\|} \hline \text { 12:00 noon- } \\ \text { 1:00 pm } \\ \hline \end{array}$ | Dr. Devendra Trivedi |
| 11/04/2021 | Sunday | $\begin{aligned} & \text { 10:00am- } \\ & 11: 00 \mathrm{pm} \end{aligned}$ | Dr. Minhaj Tahir |
|  |  | $\begin{aligned} & \text { 11:00am- } \\ & \text { 12:00 noon } \end{aligned}$ | Dr. Gaurav Mishra |
| 17/04/2021 | Saturday | $\begin{aligned} & 10: 00 \mathrm{am}- \\ & 11: 00 \mathrm{am} \end{aligned}$ | Dr. Tahzeeb Fatima |
|  |  | 11:00am- | Dr. Manjit Kumar |



## Prabhat

 RanjanSHORT TERIM ATTENDANCE GERIATRIC CARE \& REHABILATION ASSISTANCE

|  | DATES | 27-03-2021 (SATURDAY) |  |  | 28-03-2021 (SUNDAY) |  | 03-04-2021 (SATURDAY) |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| S.NO. | NAME OF STUDENTS | 10am-11am | 11am-12pm | 12pm-01pm | 10am-11am | 11am-12pm | 10am-11am | 11am-12pm |
| 1 | Archana Singh | P | P | $P$ | P | P | $P$ | P |
| 2 | jyoti Singh | P | P | P | P | P | P | P |
| 3 | pooja katiyar | P | P | P | P | P | P | P |
| 4 | Ritu singh | P | P | P | P | P | P | P |
| 5 | Shweta singh | P | P | P | P | P | P | P |
| 6 | Sonali gupta | P | P | P | P | P | P | P |
| 7 | Vishal kushwaha | P | P | P | P | P | P | P |


|  | DATES | 04-04-2021 (SUNDAY) |  | 10-04-2021(SATURDAY) |  |  | 11-04-2021 (SUNDAY) |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| S.NO. | NAME OF STUDENTS | 10am-11am | 11am-12pm | 10am-11am | 11am-12pm | 12pm-01pm | 10am-11am | 11am-12pm |
| 1 | Archana Singh | $P$ | P | P | P | P | P | P |
| 2 | jyoti Singh | P | P | P | P | P | P | P |
| 3 | pooja katiyar | P | P | P | P | P | P | P |
| 4 | Ritu singh | P | P | P | P | P | P | P |
| 5 | Shweta singh | P | P | P | P | P | P | P |
| 6 | Sonali gupta | P | P | P | P | P | P | P |
| - | Vishal kushwaha | P | P | P | P | P | P | P |


|  | DATES | 10-04-2021(SATURDAY) |  | 11-04-2021 (SUNDAY) |  | 17-04-2021 (SATURDAY) |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| S.NO. | NAME OF STUDENTS | 10am-11am | 11am-12pm | 12pm-01pm | 10am-11am | 11am-12pm | 10am-11am | 11am-12pm |
| 1 | Archana Singh | $P$ | $P$ | $P$ | $P$ | $P$ | $P$ |  |
| 2 | jyoti Singh | $P$ | $P$ | $P$ | $P$ | $P$ | $P$ |  |
| 3 | pooja katiyar | $P$ | $P$ | $P$ | $P$ | $P$ | $P$ |  |
| 4 | Ritu singh | $P$ | $P$ | $P$ | $P$ | $P$ | $P$ | $P$ |
| 5 | Shweta singh | $P$ | $P$ | $P$ | $P$ | $P$ | $P$ | $P$ |
| 6 | Sonali gupta | $P$ | $P$ | $P$ | $P$ | $P$ | $P$ | $P$ |
| 7 | Vishal kushwaha | $P$ | $P$ | $P$ | $P$ | $P$ | $P$ | $P$ |


|  | DATES | 25-04-2021 (SUNDAY) |  | 01-05-2021 (SATURDAY) |  |  | 02-05-2021 (SUNDAY) |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| S.NO. | NAME OF STUDENTS | 10am-11am | 11am-12pm | 10am-11am | 11am-12pm | 12pm-01pm | 10am-11am | 11am-12pm |
| 1 | Archana Singh | P | $P$ | $P$ | P | P | P | $P$ |
| 2 | jyoti Singh | P | $p$ | P | P | P | P | $p$ |
| 3 | pooja katiyar | P | P | P | P | P | P | P |
| 4 | Ritu singh | P | P | P | $p$ | $p$ | P | $p$ |
| 5 | Shweta singh | P | $p$ | P | P | P | P | P |
| 6 | Sonali gupta | P | P | P | P | P | P | P |
| 7 | Vishal kushwaha | P | P | P | P | P | P | P |



Principal \& Dean Rama Institute of 「aramedical Sciences Rama City, G.T. Road, Mandhana Kanouf-209217

# GERIATRIC CARE \& REHABILITATION ASSISTANT <br> SYLLABUS 

## Unit 1: Basic Concept of Geriatric Care

Topic 1: Role \& responsibilities, ethics and professional behavior of geriatric care assistant.

Topic 2: Communication, IPR \& therapeutic relationship.
Topic 3: Basic human anatomy
Topic 4: Basic human physiology

## Unit 2: Basic Geriatric Care

Topic 1: Basic life support measures \& measures aid.
Topic 2: Preparation of facilities \& environmental modification.
Topic 3: Patient assessment \& reporting.
Topic 4: Transferring geriatric patient.

## Unit 3: Care of Geriatric Patients

Topic 1: Needs of geriatric patients related to medications.
Topic 2: Infection \& diseases
Topic 3: Health care associated infection


Topic 4: General hygiene of geriatric patients.

## Unit 4: Rehabilitation programme for Geriatric Patients

Topic 1: Management of bed-ridden patients.
Topic 2: Management of disabilities
Topic 3: Mental health of elderly
Topic 4: Six day hands on training programme.

## Geriatric care \& rehabilitation assistant


#### Abstract

Background: Geriatrics or geriatric medicine is a specialty that focuses on health care of elderly people. It aims to promote health by preventing andtreating diseases and disabilities in older adults. There is no set age at which patients may be under the care of a geriatrician, or geriatric physician, a physician who specializes in the care of elderly people. Rather, this decision is $\qquad$ determined by the individual patient's needs, and the availability of a specialist. It is important to note the difference between geriatrics, the care of aged people, and gerontology, which is the study of the aging process itself. The term geriatrics comes from the Greek ү $\varepsilon$ р $\omega$ v geron meaning "old man", and ıatןós iatros meaning "healer". However, geriatrics is sometimes called medical gerontology.




Principal \& Dean Rama Institute of Paramedical Sciences Rania City, G.T. Road, Mandhana Kanpur-209217

## ORDINANCES GOVERNING

## CAREER ORIENTED SHORT TERM COURSES

Geriatric Care and Rehabilitation Assistant (FPS GCRA -01)

Offered by:

Department of Physiotherapy
Faculty of Paramedical Sciences

## RAMA UNIVERSITY UTTAR PRADESH, KANPUR

Rama Institute of $\Gamma$ aramedical Sciences
Rama City, G.T. Road, Mandhana ; Kanpur-209217

Ordinance Governing Career Oriented Short Term Courses: Web Development with PHP Page 1

## Prabhat

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## Part: 1

## Ordinance Governing

## Career Oriented Short Term Courses

## Geriatic Care And Rehabilitation Assistent

## I. General Provisions

1. The program of study leading to Career Oriented Short Term Course (Certificate Program) of Department of Physiotherapy, Faculty of Paramedical sciences of Rama University Uttar Pradesh, Kanpur shall be of 12 weeks, and shall be basically for the persons who are having interest in this field or they want to build their career in the Rehabilitation. The program shall have the status of Add-on Skill Oriented Program under Career Oriented Sort Term Course.
2. The Certificate programs shall have the status of "Short Term Courses" of Rama University Uttar Pradesh, Kanpur and shall be governed by the general rules of the Short Term Courses:-
3. The intake to the Certificate Courses shall be 10-20 seats, which may be increased to 30 (Two Batches) in due course of time by a resolution of the University. :
4. The Program of study leading to Career Oriented Short Term Course (Certificate Program) of the Rama University Uttar Pradesh, Kanpur shall be conducted in the Department of Physiotherapy under the Faculty of Paramedical sciences during any such duration which would be appropriate.
5. The admission to Career Oriented Short Term Course (Certificate Program) shall be dealt with by the Dean, Faculty of Paramedical Sciences. The last date for the receipt of the application form shall be fixed by the Dean of the Faculty.
6. The candidate seeking admission will have to apply on a prescribed format available from the University/ Faculty on payment of prescribed fee.
7. The candidate may be required to pay the processing fee as directed by the Faculty from time to time. No Application Form shall be considered for admission unless it is complete in all respects including attested copies of the photographs of the candidates containing his/her signature thereon and all necessary documents are attached thereto, such as:
a) Attested copies of mark-sheets of all the examinations passed;
b) Certificate from an appropriate authority certifying that the candidate belongs to Scheduled Caste/Scheduled Tribe/OBC or that the candidate is Physically Challenged.
8. The provisional admission to the Program shall be made in order of merit based or on the candidate's performance in TEST/GD/PI, and academic record.
9. The completed Application Forms for registration at Faculty of Paramedical Sciences, Rama University Uttar Pradesh, Kanpur along with documents required under ordinance at above point 6 shall be sent to the Registrar.
10. Provisional admission cannot be claimed by any applicant as a matter of right. The provisional admission or readmission of an applicant shall be entirely at the discretion of the
[^0]Admission Committee, which may refuse to admit any candidate without assigning any reason thereof.
11. Provisional admission will be made strictly on combined merit and availability of seats on the date of admission and the mere fact that call letter has been issued shall not entitle a candidate to claim admission.
12. The candidate granted provisional admission shall deposit fee within the period preseribed by the Admission Committee failing which, the admission shall stand cancelled.
13. Provisional admission of a candidate is liable to be cancelled at any time:
i) If it is detected that, there is something against the candidate which would have prevented him/her from being admitted to the Program.
ii) If the candidate is found at a later stage to have provided any false information, and /or
iii) If he/she has been punished for an act of gross misconduct, indiscipline or an act involving moral turpitude.
13. There shall be an Admission Committee for Career Oriented Short Term Course (Certificate Programs) admission, constituted under the provisions of Ordinances and consisting of the Dean or his nominee. Admission shall be made in accordance with these ordinances and the rules made there under.

## A. Eligibility:

i) The candidate seeking admission to Carcer Oriented Short Term Course must be completed $10+2$ from any recognized board/Institute in any stream.

## B. Intake \& Reservations:

The intake to Career Oriented Short Term Course shall be 10-20. The reservation in admission shall be as per rules.

Reservations:
SC Candidates $15 \%$ of the intake ST Candidates $7.5 \%$ of the intake PC Candidates $3 \%$ of the intake (on horizontal reservation basis) OBC Candidates $27 \%$ of the intake
(a) The candidates seeking admission under the above categories must fulfill the minimum cligibility conditions and qualifying requirements.

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## Prabhat

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(b) The $\mathrm{SC} / \mathrm{ST} / \mathrm{OBC}$ candidates must enclose attested copy of the caste certificate along with their Application Form stating that the candidate belongs to SC/ST/OBC Category.
The following are empowered to issue $\mathrm{SC} / \mathrm{ST} / \mathrm{OBC}$ Certificates:
(I) District magistrate/ Additional District Magistrate/Collector/Deputy Commissionery/ Addl. Deputy Commissioner/Deputy Collector /1st Class Stipendiary Magistrate/City Magistrate/Sub Divisional magistrate/ Taluka Magistrate/ Executive Magistrate /Extra Assistant Commissioner.
(ii) Chief Presidency Magistrate/ Addl. Chief Presidency Magistrate/ Presidency Magistrate.
(iii) Revenue Officer not below the rank of Tehsildar.
(iv) Sub-Divisional Officer of the area where the candidate and/or his family normally resides.
(v) Administrator/Secretary to the Administrator/ Development Officer (Lakshadweep Islands).
(vi) Candidate must note that certificate from any other person/authority shall not be accepted in any case.
(c) $3 \%$ seats on horizontal reservation basis shall be reserved for Physically Challenged Candidates (i) $1 \%$ for Visually Impaired (ii) $1 \%$ for Hearing Impaired (iii) $1 \%$ for Orthopedically Handicapped. In case no candidate is available in any of the above three sub-categories, the unfilled seats shall be filled by the candidates belonging to the remaining sub-categories:-

A candidate applying under PC category must attach a certificate by CMO, District Hospital. However, he/she will be considered under PC category only after verification from the University Medical Board. Admit cards for admission shall be issued to such candidates only on production of the above-mentioned verification certificates from the Medical Board constituted by the University for the purpose.
(d) Separate final merit list will be prepared for the candidates under each of the above categories.
(e) Vacant seats reserved for $\mathrm{SC} / \mathrm{ST} / \mathrm{OBC}$ candidates, if any, may be filled up as per rules.

## B. Course Fee:

a) The Program will run as a Short Term Course of Study as prescribed under the Career Oriented Short Term Course (Certificate Programs) of Rama University Uttar Pradesh, Kanpur.
b) The Short Term Course fee may vary as per the course.

[^1]
## II. ADMISSION PROCEDURE

1. Admission to Career Oriented Short Term Course (Certificate Programs) shall be made in order of merit.
2. The admission process may be reviewed as per need from time to time.

## III. CONDUCT OF THE COURSE

1. To qualify for the Career Oriented Short Term Course (Certificate Programs), the candidate must submit the assignments/projects as contained in the Course' structure / syllabus detailed hercin after.
2. The students shall be permitted to simultaneously pursue any one of the proposed program at a time along with their regular diploma/degree program.

## IV. ATTENDANCE RULES

(a) A student is required to have full, i.e., $100 \%$, attendance and exemption up to $25 \%$ can be considered for specific cogent reasons. Out of this $25 \%$, only $10 \%$ exemption will be permitted without taking any application from the student. Rest $15 \%$ exemption may be given by the Dean. The cogent reasons for exemption are given below:
(i) Participation in NCC/NSC/NSS Camps duly supported by certificate.
(ii) Participation in University or College Team Games or Iṇterstate or Inter University tournaments, duly supported by certificate from the Secretary of the University Sports Board or President of the College Athletic Association concerned.
(iii) Participation in Educational Excursions, which form a part of teaching in any subject conducted on working days duly certified by the Dean.
(iv) University Deputation for Youth Festival duly certified by the Dean.
(v) Prolonged illness duly certified by the Medical Officer or the Superintendent, Rama Hospital, Rama University or any other Registered Medical Practitioner, provided such certificate is submitted to the Dean, Faculty of Paramedical Sciences in time.
(vi) No relaxation beyond $25 \%$ shall be considered in any case.
(b) The attendance of a newly admitted candidate shall be counted from the date of his/her admission, or date of beginning of classes whichever is later, while in the case of promoted candidates, attendance shall be counted from the date on which respective class begins.
(c) There shall be an Attendance Monitoring Committee in the Faculty under the Chairmanship of the Dean.

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## Part: 2

## Course Detail

## Career Oriented Short Term Courses. Geriatic Care and Reahabilitation Assistent

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## I. COURSE STRUCTURE AND EVALUATION:

Candidates for the Career Oriented Short Term Course (Certificate Programs) shall be evaluated on the basis of Assignments/Projects in accordance with the syllabi or course prescribed in the Ordinances.

## Course Structure

The Career Oriented Short Term Course (Certificate Programs) duration may vary on the basis course category. A student is required to complete the syllabus offer Certificate Program as per the details given below.

## II. Course Syllabus:

## Geriatic care and Rehabilitation Assistent

Here are a few things you must know about the course that will help you understand the relevance and admission-related details about the course.

## ABOUT THE COURSE:

- There shall be 3 months package of hands-on skill practical training in specialty hospital indoor, geriatric homes, and Paramedical institute under the supervision of trained teachers (Academic Counsellors).
- The duration of the program is of three months duration i.e. January to March or July to September of a calendar year. The Text material consists of 1 Practical Manuals, 1 logbook, 1 Programme Guide, and 2 theory assignments.
- Course Organization and Content: The Certificate in Geriatric Care Assistance (GCRA) program consists of three sessions. The courses are designed on the basis of the learning hours required by an average student. The 1st session will be conducted at the Faculty of paramedical sciences for one month duration and 2nd contact session will be done at secondary or medical college hospital for a month duration. The 3rd contact session is further divided into posting in wards, old age home, causality, and physiotherapy in medical college hospitals. There will be theory classes in the Paramedical college besides the practical training to be imparted to the leaners.


## DURATION:

- Total 12 weeks, 12 hour per week Training

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## REGISTRATON FEES:

- INR 200


## COURSE FEES:

- INR 1000


## INSTRUCTOR:

- Dean/HoD will decide as per availability.


## ELIGIBILITY:

- $10+2$, DPT,BPT


## COURSEWARE:

- Course material is provided in printed / electronic form.


## MODE:

- Lectures and practical demonstration.


## EVALUATION SYSTEM:

- Based on the Assignments and Final project report.


## EMPLOYMENT OPPORTUNITY:

## Student

This 3 months course of hands-on skill practical training in especially hospital indoor, geriatric homes, an institute under the supervision of trained teachers (Academic Counsellors) also enables students to deal with tender geriatric age patients with extreme love and care. No renumeration package cost can be attributed to this service but after this certificate course students may be able to get good remuneration package job prospects.

## Department

Starting this course will add to one of the good programs to its arena and shall be able to provide skilled hands to the job market and to community.

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## Prabhat

## Community

The community at large is in need of such professionals. There is a vast change in the community systems joint family is now replaced by unitary family and geriatric care is a matter of concern in present society. This interdisciplinary course will provide jobs to other disciplines in medical systems.

## LEARNING OUTCOME:

After completion of this program, a student should be able to:

- Discuss \& verbalize the role of a basic healthcare provider
- Demonstrate basic healthcare needs of ambulatory conscious elderly people
- Build a comprehensive knowledge base on basic issues in geriatric care
- Enhance their skill and capacities in counseling and management of age care institutions
- Expose to various situations and innovative approaches in the field of ageing
- Enhance their knowledge in resource management, advocacy and networking
- Demonstrate techniques to maintain the personal hygiene needs of an elderly patient
- Practice infection control measures
- Demonstrate the ability to perform clinical skills essential in providing basic healthcare services
- Promote safety, understand usage of protective devices and demonstrate precautions to be taken while usage of equipment and devices
- Demonstrate professional behavior, personal qualities, and characteristics of a Geriatric Care Assistant
- Demonstrate right methods of bio-medical waste management • Demonstrate professional techniques in feeding
- Demonstrate Basic Life Support, Cardio Pulmonary Resuscitation and other actions in the event of medical and facility emergencies
- Demonstrate good communication, communicate accurately and appropriately in the role of Geriatric Care Assistant and demonstrate professional appearance and demeanor A statement of the key or critical course specific learning outcomes in words that indicate what the students will learn and be able to demonstrate after this course.


## COURSE CONTENT:

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 Nervous Systum.

- Physiology_Blood, Cardiovascular system, Respiratory Systum, Nervous Systum.
- Basics of Microbiology and Pathology.
- Orthopedics - Fracture, Degenrative conditions, Osteoporosis, Soft Tissue Injury, Infective condition, Metabolic Disorders, etc.
- Exercise Therapy- Movements, Stretching Exercises, Resisted Exercises, Joint Mobilization, ROM Exercises, Postural Correction, Co-ordination Exercises. Orthotic and prosthetic devices.
- Electrotherapy - Swd, Ultrasonic Therapy, interferential therapy, TENS, EMS, Traction
- Geriatic Problems

Geriatric care \& rehabilitation assistant

1. Student Details

Name:

D.O.B: $\qquad$
Address: Usmila Niketan $128 / 1373^{\prime}$ ''Bloch hiduai
Nagar Kanpur. Pin -208011 (V.P)
Contact No: $\qquad$
E-mail: $\qquad$
2. Course Details

Full/Part time: $\qquad$
Year of study:

$$
2020-21
$$

Batch starts from: 12 January 2021 (Date of Introductory Lecture)
Post/Under Graduate/Professional: Professional
[Pre-assessment questionnaires can be administered in advance of the course to inform agenda and content decisions or at the onset of the short term program. It is common to include some of the same questions in the post-assessment questionnaire to measure changes in understanding among participants.]

- This questionnaire was designed to determine what you already know about this course. We will ask you to complete the questionnaire again at the end of the course so that we can assess what you have learned and how the trainers have done at conveying the main points.
- This is not a "test" and you will not be "graded" on your performance.

What are your expectations of this course?
$\qquad$

Post-assessment form
Geriatric care \& rehabilitation assistant

Name:


Contact No: $\quad 9005696857$
E-mail: Kumarsingha909@gmail.com
Address: Usmila Nitetan $128 / 1373$ 'Y' Block Kidwai Nagar Kanpur. Pin -208011 (UP)

What did you like best or find most useful about the course?
Expert and specialized technique to handle the Problem of old aged Patient.

What skills did you learn that may help you in clinical field?
Expert and specialized technique to handle the Problem of old aged Patient, Mares 9
learnt to resolve the issues of old age patient physiotherapically and Psychologically as well.

Did you like hands-on activities in this course?
$\qquad$
$\qquad$

- Anatomy__Musculoskeletal Systum, Cardiovascular system, Respiratory Systum , Nervous Systum.
- Physiology_ Blood, Cardiovascular system, Respiratory Systum , Nervous Systum.
- Basics of Microbiology and Pathology.
- Orthopedics - Fracture, Degenrative conditions, Osteoporosis, Soft Tissue Injury, Infective condition, Metabolic Disorders,etc.
- Exercise Therapy- Movements, Stretching Exercises, Resisted Exercises, Joint Mobilization, ROM Exercises, Postural Correction, Co-ordination Exercises. Orthotic and prosthetic devices.
- Electrotherapy - Swd, Ultrasonic Therapy, interferential therapy, TENS, EMS, Traction
- Geriatic Problems


## CERTIFICATE:




[^0]:    Ordinance Governing Career Oriented Short Term Courses: Web Development with PHP Page 4

[^1]:    Ordinance Governing Career Oriented Short Term Courses: Web Development with PHP Page 6

