

SHORT TERM COURSE 2023 "ANTERIOR AESTHETICS"

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RAMA University, Uttar Pradesh, Kanpur **Faculty of Dental Sciences**

Department Of Conservative Dentistry And Endodontics

Dated: 20-10-2022

Minutes of Meeting

Board of Studies

A meeting of board of studies for BDS and MDS was held on 20.10.2022 at 1:00 pm in HOD office, Department Of Conservative Dentistry And Endodontics . The following members were present:

1.	Dr. Asheesh Sawhny	Chairperson
2.	Dr. Baljeet Singh Hora	Member
	Dr. Pankaj Priyadarshi	Member
	Dr. Richa Singh	Member
5.	Dr. Saurav Paul	Member
6.	Dr. Saurabh Sharma	Member

The following member agreed to review the minutes.

1. Dr. Raju Chauhan	External Member
2. Dr. B. Rohith Adyanthaya	External Member

Agenda:

1. Action taken Report (ATR) on Minutes of Previous Meeting:

The BOS committee confirmed the minutes of the BoS meeting held online on 22-05-2021. 5

2. Review of the existing programs and the curricula:

S.No.	Item No.	Existing	Reccomendation/Action Taken				
	For BDS						
1.	Conduction of BDS course as per framed by the Dental Council of India and approved by the Central Government under the Dentists Act, 1948 – vide	We follow BDS regulations DCI gazette 2007 modified dated 25.07.2007.	Department follows course curricula as per DCI regulation 2007. No amendment needed in this regard.				
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	Government of India, Ministry of Health & Family Welfare (Deptt. of Health's) letter No.V.12012/3/2006- DE dated 25.07.2007 For INTERNS		
2.	Conduction of rotary internship course as per framed by the Dental Council of India BDS COURSE REGUEATIONS 2007 letter No.V.12012/3/2006- DE dated 25.07.2007	Dental Council of India BDS COURSE REGULATIONS 2007	No amendment needed in this regard
	For MDS		
1.	MDS course is followed according to Dental Council of India, Master of Dental Surgery Course Regulations, 2017.(No.DE-87- 2017,dated 5 th November, 2017)	Department follows MDS curricula based on Dental Council of India, Master of Dental Surgery Course Regulations, 2017	No amendment needed in this regard
2.	Panel of External examiners /Paper Setters	-	Panel for external examiner/Paper setters issubmitted for approval

3. Recommendation on New courses/Short term courses

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S.No.	Item No.	Feedback from Faculty/Student	Reccomendation/Action Taken
1.	Conduction of career oriented short term course(30 Hours)	Certificate based short term course for developing practicak skills is proposed.	One short term course is proposed for enhancing the knowledge and skills of students:"Anterior Aesthetics"

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4. Review of teaching process /pedagogy:

S.No.	Item No.	Existing	Recommendation/ Action Taken
1.	Enrichment in teaching pedagogy for better understanding	Audio visual aids, white boards, projectors, and a friendly/peaceful learning environment	There is proper one to one interactions with students enrolled in the training and learning program. Experimental learning by doing treatment on patients should be adopted
2.	Evaluation Scheme	Existing evaluation scheme as per DCI isadopted	Proper evaluation for final year undergraduate students and all the post graduate students is taken(the protocol is attached below)

- 4. **Result Analysis:** Summary of Result analysis of the students performance in the term examination was presented and it was suggested that the course instructors should conduct remedial classes for the students whose performance was not found satisfactory.
- 5. Feedback Analysis: Analysis was performed based on summary of already collected feedback from students and the course instructors have been instructed for improvement in teaching method for better understanding of students in the cases where feedback is below average.

6. Any other issue with the permission of the chair: No

The meeting concluded with a vote of thanks to the chair. Date of the next meeting: to be decided and conveyed later.

Dr. Asheesh Sawhny (Chairperson)

Encl: Recommended Curricula attached for consideration and approval

CC: 1. Dean, Academic Affairs . 2. Registrar Office

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RAMA UNIVERSITY UTTAR PRADESH, KANPUR

(vide U.P. Act No.1 of 2014 as passed by State Legislature and recognized by UGC U/s 2(f))

Ref. No.: RU/Reg./2023/5(9

Date: - 14.08.2023

Office Order

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To,

The Principal, Rama Dental College Hospital & Research Centre, Kanpur

Dear Sir,

With reference to your submitted proposal dated 17.07.2023, Vice Chancellor pleased to accord permission to conducting a short-term certificate course on the following topics by the Department as follows subject to approval of the Academic Council.

SI No.	Short Term Course	Department
1	Mastering Incision and Suturing in Periodontics	Periodontology
2	Anterior Aesthetics	Conservative Dentistry and Endodontics

Copy to: -

- 1. Secretary to Hon'ble Vice-Chancellor.
- 2. Director Sir
- 3. Dean Academic Affairs
- 4. Principal, Faculty of Dental Sciences
- 5. Controller of Examinations
- 6. Deputy Registrar/Asst. Registrar
- 7. Guard File

(Registrar)

Registrar Rama University Kanpur (U.P.)

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	Siddhant Verma				Shriya Shrivastava	Nagma Shaheen	Ishatm Dwivedi	Dr Aparna Shukla 41 years/ Female		Deepak Yadav	Aradhya Anushka	Anupam Shukla	Akansha Gupta	Akanksha Priya		Aditi Awasthi		Name	
	30/M				24/F	25 years/ Female	24/M	41 years/ Female		24/male	24/F	24 MALE	25/Female	23/Female		23/F		Age/Gender	
	Dr.Jayant kumar Verma				Mukesh shrivastava	Md Habibur Rahman	Devendra kumar Dwivedi	Dr Rajesh Mishra		Anand Kumar	BN Srivastava	SATISH SHUKLA	Dr. Harish Chandra Gupta	Dilip Singh		Awasthi	Mr. Ashwani Kumar	Guardian Name	
intox	siddhant178@gmail.com				shrivastavashriya56@gmail.com	nagmashaheen66@gmail.com	dr.bds.id@gmail.com	draparnashuklakgmc@gmail.com		deepakyadav881831@gmail.com	anusivsri242@gmail.com	shuklaanupam323@gmail.com	guptaakansha91@gmail.com	drakanksha64@gmail.com		adiiitiawasthi@gmail.com		Email	SHORT TERM COURSE (2023) PAYMENT DETAILS
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DR ASHEESH SAWHAN	8400146896				6386833522	7017967459	8127362287	8957049064		8533805299	9460562833	9140136879	8604818084	6206506442		9140321991		Phone number Amount paid	
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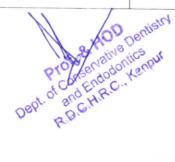
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19.09.2023

Rama Denial College Hospital and Research

Time Table for Short Term Course on Anterior Aesthetics 2023

DAY	DATE	MODULE	Total hours of teaching	COURSE CONTENT	DETAILS OF COURSE
Day 1	04/09/2023	Module 1	5hrs	 Introduction Isolation of operating Field 	 1.1 Introduction(1hr) 1.2 Diagnosis and Treatment Planning(1hr) 1.3 Isolation of operating Field(1hr) 1.4 Demonstration of Rubber Dam application(2hr)
Day 2	05/09/2023	Module 2	5hrs	Anterior aesthetic materials	 2.1 Discussion on anterior aesthetic materials(2.5hrs) 2.2 Discussion on Golden Proportion(2.5hrs)
Day 3	06/09/2023	Module 3	5hrs	• Mid line Diastema	 3.1 Discussion on Mid line Diastema(2.5hrs) 3.2 Demonstration of Mid line Diastema Closure(2.5hrs)



Day 4	08/09/2023	Module 4	5hrs	-	Tooth Discoloration	 4.1 Discussion on Tooth Discoloration(2hrs) 4.2 Demonstration of Bleaching (3hrs)
Day 5	09/09/2023	Module 5	5hrs	•	Veneers	5.1 Discussion on Veneers(2hrs) 5.2 Demonstration of direct Composite Veneers(3hrs)
Day 6	11/09/2023	Module 6	5hrs	- •	Practice session and resolving queries MCQ evaluation of students	 6.1 Practice session and resolving queries(3hrs) 6.2 MCQ evaluation of students(2hrs)

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SHORT TERM COURSE 2023

"ANTERIOR AESTHETICS"

ATTENDANCE SHEET

	II I	10	9	8	7	6	S	4	3	2	-	S.NO.
	Dr.Aparna Shukla	Siddhant Verma	Shriya Srivastava	Nagma	Ishatm Dwivedi	Deepak Yadav	Aradhya Anushka	Anupam Shukla	Akansha priya	Akansha Gupta	Aditi Awasthi	STUDENT NAME
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C. Kamput												

RAMA University, Uttar Pradesh, Kanpur Faculty of Dental Sciences

Department Of Conservative Dentistry And Endodontics

EVALUATION SCHEME OF SHORT TERM COURSE(2023)

The participants are evaluated on the basis of MCQ assessment. The assessment consist of 25 questions for 2 marks each.

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DR. ASHEESH SAWHNY

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DEPARTEMENT OF CONSERVATIVE DENTISTRY AND ENDODONTICS SHORT TERM COURSE (ANTERIOR AESTHETICS) MCQ EVALUATION PAPER

MAX MARKS:2*25=50

TIME:1HOUR

- 1. Vital bleaching causes:
 - A. Internal resorption
 - B. Cervical resorption
 - C. External resorption #
 - D. Periapical periodontitis
- 2. Tooth discolouration is due to:
 - A. Acute pulpal abscess
 - B. Pulpal Hyperemia
 - . Pulpal death
 - D. None of the above
- 3. Night guard bleaching refers to-
 - A. Laser activated bleaching
- B. Dentist prescribed home applied technique

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- C. Thermo bleaching
- D. Photobleaching
- 4. Which of the following is used to bleach a discoloured endodontically treated tooth?
 - A. Ether
 - B. Chloroform
 - C. Superoxol
 - D. Sodium hypochlorite
- 5. The most common consequences of bleaching nonvital teeth is:
 - A. Discoloration
 - B. Cervical resorption
 - C. Apical periodontitis
 - D. Root resorption
- 6. Home bleach is also called as:
 - A: Walking bleach
 - B. Thermocatalytic bleach
 - C. Power bleach
 - D. All of the above

7. Ideally, isolation of the operative field is accomplished by use of:

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- A. Cotton rolls
- B. Cotton roll holders
- C. Rubber dam
- D. Absorbent wafers
- 8. Who was the originator of rubber dam?
 - A. Dr SC BARNUM
 - B. Dr MH ANDERSON
 - C. Dr CR BENNET
 - D. Dr DC Smith
- 9. Dental rubber dam is available in the width of:

A. 1 to 15 cm

- B. 12.5 to 15 cm
 - C. 15 to 20 cm
 - D. 17.5 to 22.5 cm

10. The rapid and easy method of tooth separation is:

- A. Mechanical separation
- B. Chemical separation
- C. Grass line ligature thread
- D. True separator

11. Retraction cords facilitate all of the following, except:

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- A. Better accessibility
- B. Control gingival bleeding
- C. Control crevicular fluid seepage
- D. Provide anesthetic effect
- 12. In indirect veneering, labial surface preparation removes approx..0.5 to 1mm enamel and margins are prepared slightly incisal to free gingival crest with a finish line as:
 - A. Shoulder with bevel
 - B. Knife edge
 - C. Chamfer finish line
 - D. Shoulder

13. Which of the following materials is most popular for indirect veneering technique?

- A. Processed composite
- B. Cast ceramic
- . Feldspathic porcelain
 - D. Microfill composite

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- 14. A silane primer is used to condition the internal surface of which of the following indirect veneer?
 - A. Composite veneer
 - B. Porcelain veneer
 - C. Both of the above
 - D. None of the above
- 15. It has been found that direct veneer restorations have more limited prognosis and tendency to discolor within:
 - A. 1 to 2 years
- B. 3 to 5 years
 - C. 5 to 7 years
 - D. None of the above

16. Till what age tetracycline should not be given to prevent discoloration:

- A. 3 years
- B. 8 years
 - C. 12 years
 - D. 18 years

17. In the walking bleach technique:

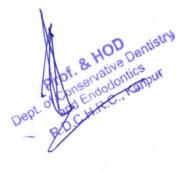
- A. It uses a heat treatment
- B. It requires the patient to report in 24 hours
- C. Can be done with 35 percent hydrogen peroxide
- D. It uses a mixture of sodium perborate and hydrogen peroxide

18. Which tooth has a higher prevalence of midline diastema?

- A. Maxilla
 - B. Mandible
 - C. Both maxilla and mandible
 - D. None of the above
- 19. Which of the following can cause midline diastema?

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- A. Finger sucking
- B. Tongue thrusting
- C. Both a and b
 - D. None of the above
- 20. Which of the following materials are used in diastema closure cases?
 - A. Microfilled composites
- B. Direct composite resins
 - C. Nanofilled composites
 - D. All of the above



- 21. Width of midline diastema is:
 - A. 1-2 mm
 - B. 0.5-1 mm
 - C. 1.5-2 mm
 - D. 1-1.5 mm

22. Benefits of midline diastema are:

- A. Better cleaning efficiency
- B. Fewer chances of caries in between teeth
- C. Prevention of dental problems
- D. All of the above

23. Disadvantages of composite veneers:

- A. Being less realistic
- B. Shorter life span than porcelain veneers
- -C. Both a and b
 - D. None of the above

24. Higher prevalence of midline diastema has been reported in:

- A. Maxilla
 - B. Mandible
 - C. Both a and b
 - D. None of the above

25. Midline diastema leads to:

- A. Dissension of the smile
- B. Disability of phonetics
- C. Improper maintenance of oral hygiene

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D. All of the above

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S.No.	Name	Marks Obtained	Maximum Marks	Remarks
1.	Aditi Awasthi	19	25	Satisfactory
2.	Akansha Priya	18	25	Satisfactory
3.	Akansha Gupta	18	25	Satisfactory
4.	Anupam Shukla	18	25	Satisfactory
5.	Aradhya Anushka	16	25	Satisfactory
6.	Deepak Yadav	16	25	Satisfactory
7.	Dr Aparna Shukla	19	25	Satisfactory
8.	Ishatm Dwivedi	17	25	Satisfactory
9.	Nagma Shaheen	15	25	Satisfactory
10.	Shriya Shrivastava	17	25	Satisfactory
11.	Siddhant Verma	Absent	25	Not applicable

Evaluation Sheet for Short Term Course :

Marks 20- 25 are excellent, 15- 19 is satisfactory, 10- 14 is good, less than 10 is poor

Result for short Term Course:

Department of Conservative Dentistry and Endodontics conducted a Short Term Course from 04-09-2023 to 11-09-2023 on Anterior Aesthetics. 11 students enrolled for the course and 10 students actively participated in it. The performance of all the participants were satisfactory.

19/09/23 sheesh Sawhny Head of Department

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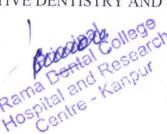
<u>SUBJECT:</u> Issuing of certificates for Short term course in the Department of conservative dentistry and endodontics

Respected Sir,

We request you to issue the certificates for short term course conducted in the department of conservative dentistry and endodontics on "ANTERIOR AESTHETICS" for the registered students (11 students). Documents needed for the same are attached with the letter.

Kindly do the needful. Thanking you in anticipation.

DR.ASHEESH SAWHNY (HEAD OF DEPARTMENT) DEPARTMENT OF CONSERVATIVE DENTISTRY AND ENDODONTICS



Department of Conservative Dentistry and Endodontics

SHORT TERM COURSE - 2023 REPORT

The short term course program on "ANTERIOR AESTHETICS" was held from 04.09.2023 to 11.09.2023 for 1 week, organized by Department of Conservative Dentistry and Endodontics, Faculty of Dental Sciences, Rama University. The program was done in an offline mode. A total of 11 participants registered for the program. The objective of the course was to provide an understanding on various aspects of Smile Design. The course also imparted clinical skills to manage discolorations and deformations in anterior aesthetic zone. Emphasis was also made on newer materials and techniques for anterior aesthetics.

Dr.Asheesh Sawhny (Prof & HOD), Dr Richa Singh (Reader) and Dr Mukta Bansal (Sr. Lecturer) took theory classes & discussions explaining the concepts of smile design, materials required, isolation, midline diastema closure, veneers and bleaching. Dr.Mukta Bansal (Sr. Lecturer) gave demonstration of isolation via rubber dam on anterior and posterior teeth. Dr Richa Singh (Reader) demonstrated the procedure of closing midline diastema and chairside veneer preparation followed by restoration. Dr Asheesh Sawhny (Professor and HOD) enlighted the participants on bleaching by demonstrating the procedure on patient. All the queries of participants were answered by respective faculty members. Ample time was given to participants to practice. Finaly all the participants were evaluated through multiple choice questions by the instructors and marked accordingly.

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Faculty of Dental Sciences Department of Conservative Dentistry and Endodontics ORDINANCE Short Term course

Title of the course	Certificate course on "Anterior Aesthetics "
About the course	Duration-6 Days
	Course Fee-INR 1000/-
	Registration End Date- 30th August'2023
	Course Dates- 4 th September'2023 – 11 th September'2023
Course Content	Day 1 04/09/2023
	1.1 Introduction
	1.2 Diagnosis and Treatment Planning
	1.3 Isolation of operating Field
	1.4 Demonstration of Rubber Dam application
	Day 2 05/09/2023
	2.1 Discussion on anterior aesthetic materials
	2.2 Discussion on Golden Proportion
	Day 3 06/09/2023
	3.1 Discussion on Mid line Diastema

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Day 4 08/09/2023

4.1 Discussion on Tooth Discoloration

4.2 Demonstration of Bleaching

Day 5 09/09/2023

5.1 Discussion on Veneers

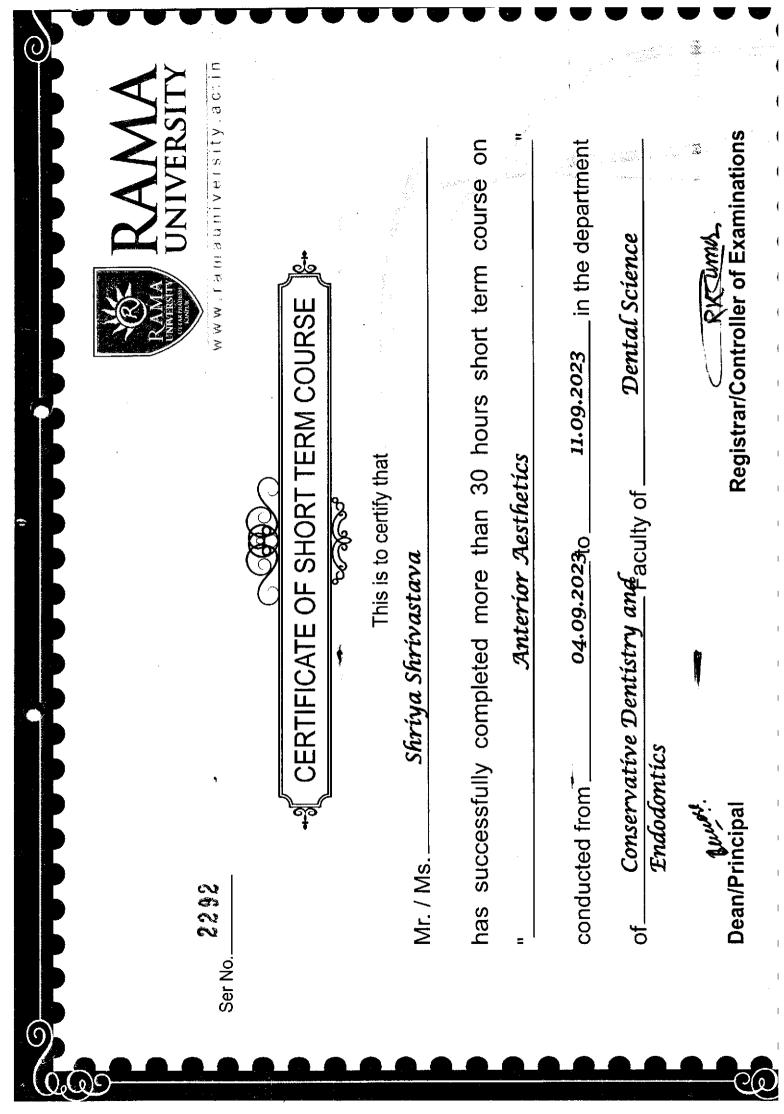
5.2 Demonstration of direct Composite Veneers

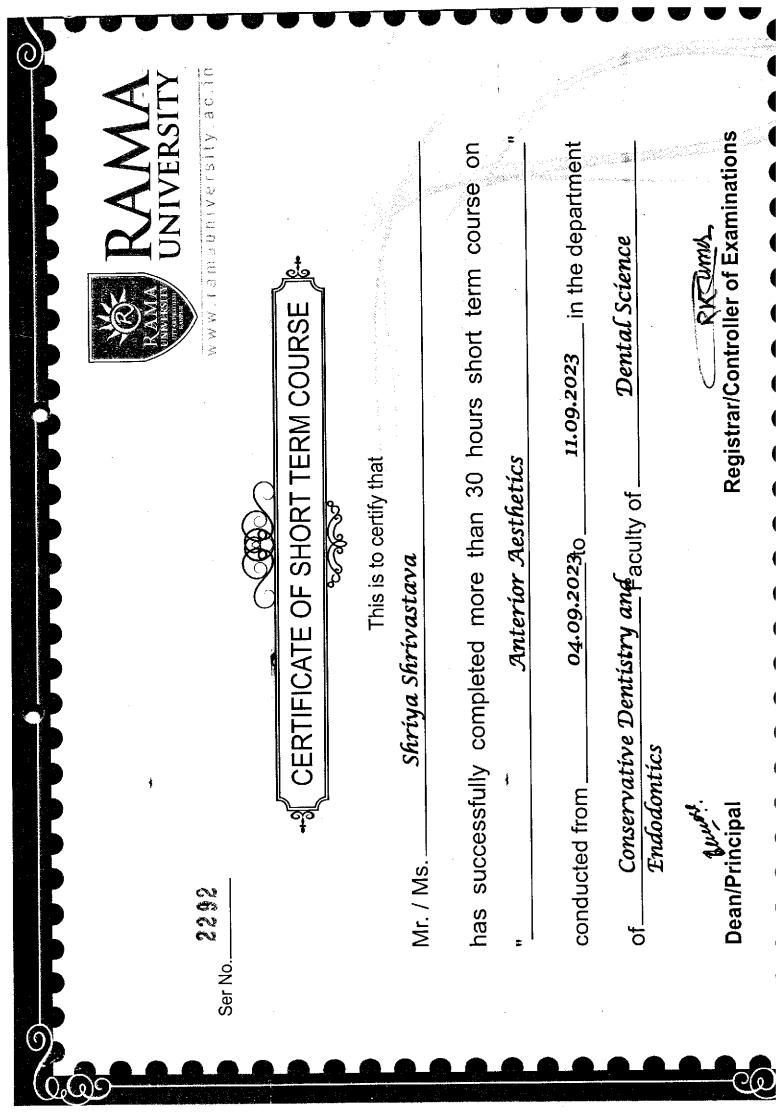
	Day 6 11/09/2023
	6.1 Practice session and resolving queries
	6.2 MCQ evaluation of students
Faculty	 Dr Asheesh Sawhny Professor & HOD, Department of Conservative Dentistry and Endodontics Ph no: 9838500100 <u>drasheeshmydentist@gmail.com</u>
	 Dr Baljeet Singh Hora Professor & pricipal Department of Conservative Dentistry and Endodontics Ph no:9417248778 <u>drbaljeet69@yahoo.com</u>
	 Dr Richa Singh (Reader), Department of Conservative Dentistry and Endodontics Ph no:9838870041 <u>richasingh.2804@gmail.com</u>
	 Dr Mukta Bansal (Senior Lecturer),Department of Conservative Dentistry and Endodontics Ph no:9736653155

	drmuktabansal92@gmail.com
Others	Mode of Teaching - OFFLINE
	Eligibility: Interns, Fresh Passouts, Postgraduates
	Evaluation System -Final evaluationof the students wi be done on the basis of MCQ examination.
	 Objectives of the course are- Provide an understanding on various aspects of Smile Design.
	 Impart clinical skills to manage discolorations and deformations in anterior aesthetic zone
	 Introduction of newer materials and techniques for anterior aesthetics
	Certification- Certificates will be awarded to the candidates at the end of the course after satisfactory completion of the course
Course Outcome	This is a specialized course covering all the topics on aesthetic dentistry .To train students in aesthetic procedures and to teach them from basic to advance level of aesthetic procedures such as composite veneers and tooth whitening

Dept. or Control HOD R.D. C.H. C. C. Manuellan R.D. C.H.R.C. Kanpur

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SHORT TERM COURSE - 2023

